

KCASA Safety and Compliance Newsletter

FEBRUARY 2012

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- NEW BASIC FACTSHEETS FROM FMCSA
- UPCOMING KCASA EVENTS



The real beauty of managing these forms electronically is that you can use the data to run trend analytics to help you better identify hazards

What is the difference between the OSHA 10 hour and 30 hour course?

The OSHA 10/30 Outreach Training Program is Occupational Safety and Health Administration (OSHA) primary way to train workers in the basics of occupational safety and health. The 10/30 Hour training requirement by OSHA for workers is applicable to both the General Industry and Construction Industry.

The OSHA 10 course covers the OSHA regulations and standards in 29 cfr 1926. The course is perfect for those that want to improve jobsite safety and learn OSHA requirements for safety in construction, while taking the class at their own pace, online through Craig Safety's virtual university. The course is available for workers in both the general as well as the construction industry. Topics included in the course are fire protection, personal protective equipment (PPE), scaffolding, electrical safety, etc. Upon successful completion of the course, participants receive an OSHA 10-Hour Construction Outreach DOL course completion card.

While promotion, job security, and the desire to improve jobsite safety in construction are a few of the reasons that individuals take the OSHA 10/30hr, the driving force for many employers are the state laws that require construction workers on certain projects in Nevada, Missouri, New York and Connecticut have an OSHA 10 and or 30 hr card.(click on each state below for a summary of the law.)

In conclusion the key differences between the courses is duration and the depth of the study in each course. While the OSHA 10 hour is aimed at the workers, the OSHA 30 hour course is aimed at supervisors and safety directors.

Craig Safety offers the OSHA 10 hr for \$89 and the OSHA 30 hr for \$189 in General Industry and Construction with FREE study guides!



This newsletter is provided to KCASA members by:

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FMCSA's CSA website highlights each BASIC with new factsheets

The Compliance, Safety, Accountability (CSA) program has just released a new Behavior Analysis and Safety Improvement Category (BASIC) factsheet series on the CSA outreach website.

These factsheets are targeted for motor carriers and commercial motor vehicle (CMV) drivers who want to learn more about the agency's seven BASICs, the Federal Motor Carrier Safety Regulations (FMCSRs) upon which they are based, and how to ensure they comply with those regulations.

Motor carriers and drivers should read all seven of these new factsheets to gain a more comprehensive understanding of the CSA program and, more specifically, the BASICs. The BASICs are Unsafe Driving, Fatigued Driving (Hours-of-Service), Driver Fitness, Controlled Substances/Alcohol, Vehicle Maintenance, Cargo-Related, and Crash Indicator. As these factsheets outline, the BASICs are safety categories in the CSA program's Safety Measurement System (SMS).

Motor carriers can see where they stand in each BASIC by logging into the SMS online (<http://ai.fmcsa.dot.gov/sms/>).

For answers to any of your DOT questions contact one of our FMCSA Specialists at 913-469-1700

Up Coming Events

Visit us at Booth #10
Thurs. February 16, 4-7pm

We will be at the Kauffman Center for the Performing Arts for the American Subcontractors Association of Kansas City 4th annual Contractor expo.

This is an excellent opportunity to meet the CST team and break ground for new partnerships with regional Construction, Engineering and Architecture firms.

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